

“ My small business is called MIKHUY, it is a restaurant located in Achocalla where we cook healthy food with our own organic vegetables. I have been in my small business for five years and my main difficulty has been setting the right price for the dishes sold, because I did not add up my gas consumption, nor my labour, CONNECTIONS has helped me calculate the costs.

I found out about CONNECTIONS through Facebook and I was very interested, it has been a very special experience, I learned many things there.

In the kitchen I learned the different cuts of vegetables and in confectionery the elaboration, for example, the cake had to have a texture.

CONNECTIONS also taught me to upload my different dishes to Facebook and business WhatsApp, now I receive orders through this social network, for example, rosemary roast chicken.

I am very happy with CONNECTIONS, in these three months of training, personally, it has been very useful. ”

*Verónica Mamani Rodríguez
(CONNECTIONS participant)*

This year, the project resulted in:



71

young women, mostly of Aymara (indigeneous) descent undertaking the 3 year 'Gastronomy Course' and working in La Especiaria.



66

Aymara women enrolled in a 3-month specialised training program from Cefim which includes individual mentoring. Many of them are street vendors in El Alto.



18

final year students received training to become mentors to improve the skills, enterprise knowledge and avenues for the income generation for the 66 women.